# Olivette ...in the center of it all

Olivette Parks & Recreation 9723 Grandview Drive Olivette MO 63132 PRSRT STD
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### Parks Make Life Retter!

#### **Postal Customer Local**



# MOVIES in PARKS

JUL 7

Lego Batman

Sing indoors 2PM Cor

AUG 25

**JUL 16** 

Beauty & the Beast

Community Center

Villa Park

Indian Meadows Park

FREE!! Bring your lawn chairs, dinner and beverages for a low-key evening in the park! *All movies begin at DUSK; except the indoor matinee Sing which begins at 2PM.* 



IRISES: Up Close

Ann K Aurbach

ON DISPLAY NOW THROUGH AUGUST 25

Community Center » 9723 Grandview Dr Gallery Hours: M-Th 8AM-8PM » S/S hours vary, call 314.991.1249 for update

OlivetteParksandRec.com » ACTIVITY GUIDE | Summer « 314.991.1249 » page 8



...in the center of it all



## Olivette

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#### **COMING SOON:**



August 25 » Indian Meadows!

#### PERFORMING ARTS

6 | Over Due Theatre Company's Annie July 28 - August 6

#### **EVENTS & ACTIVITIES**

- 8 | Irises: Up Close Now through August 24
- 8 | Movies in our Parks Fri. Jul 7 Villa Park Sun, Jul 16 Community Center Fri, Aug 25 Indian Meadows Park
- 8 | Warson Park Preschool Open House Open House Sat, Jul 15 10am-1pm
- 8 | Meteor Viewing Party Sat, Aug 12 Warson Park
- 2 | eWaste, Shredding & Rx Drop-off Sat, Aug 18 City Center
- 6 | Community Mtg Parks Master Plan Thus, Aug 24 Community Center

#### **SAVE-THE-DATES**

Gallery Opening: Debbie Fischer Fri, Sept 8 Community Center

Party in the Park 2.0

Fri, Sept 15 Warson Park

All Olivette Community Garage Sale Sat, Sept 23 City-wide

Little Free Library Dedication

Sun, Oct 8 Community Center

Boo Bash

Sat, Oct 21 Warson Park

## WHAT'S NEW...

## Changes of Scene

We're breaking in the new Community Rooms at the City Center with wellness classes, a new preschool is opening at Warson Park and we're bringing movies to each neighborhood park!

City Center Wellness Classes include yoga, t'ai chi, NIA dance and yoga teacher training.

Park Master Plan The City is

building a strategic plan for our parks, trails and

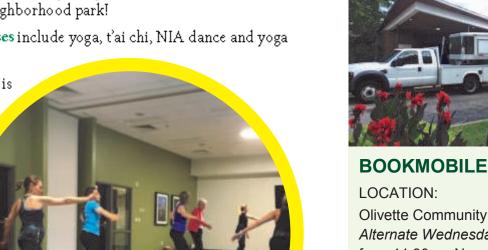
open space. Your input is a vital as we strategize

renovations, connectivity and

improvements! Please attend our community-wide

meeting the evening of August 24. More details

page 6.



## **WARSON PARK PRESCHOOL**

## Preschool Open House

Visit our preschool classroom and meet the Director of the new Warson Park Preschool opening in September 2017. This play-based preschool teaches through immersive play experiences and hands-on learning. For more details, please see page 7.

#### Saturday, July 15 | 10am-1pm

Olivette Community Center » Room 8 » 9723 Grandview Drive

Three Year Olds | Learning through Play

#### ON THE COVER

Little Olives Preschool Summer Camp returns this July » more info on page 5.

### **SERVICES**



Olivette Community Center Alternate Wednesdays from 11:30am-Noon

**Jul 19** 

Aug 9 & 30

Sept 13 & 27

for more details, visit SLCL.org

#### **COMMUNITY LOBBY**

Enjoy free Wi-Fi, coffee and daily newspaper every morning Monday-Friday in the Olivette Community Center Lobby. Meet your friends or make new ones! We'd love to see you! 9723 Grandview Drive

#### **COMMUNITY WIDE GARAGE SALE**

Sat, Sept 23 9:00 am - 2:00 pm City-wide Free!

To include your home on the sale map, call 314.991.1249 or email opr@olivettemo.com For more details, visit:

OlivetteParksandRec.com

## WARSON PARK

## **PRESCHOOL**



Block Play develops problem solving abilities, fine & gross motor skills, mathematical skills, socialization, communication and more. –National Association for the Education of Young Children (NAEYC)

## Three Year Olds » Learning Through Play

The new Warson Park Preschool teaches through hands-on experiences. Our playbased curriculum is carefully planned to promote balanced growth: socially, emotionally, cognitively, and physically. The Classroom offers changing learning centers for art, science, music & movement, math & manipulatives, dramatic play, blocks & building, and books & writing. These centers encourage social skills, introduce literacy concepts, build motor skills and develop creativity.

#### TUESDAYS & THURSDAYS | 9:00 AM - Noon

\$149 per month; \$49 annual enrollment fee

Classroom Minimum: 6 Maximum: 18 | Preschool Director: Jennifer Rieves Olivette Community Center Room 8

First day of school is Tuesday, September 5, 2017. Monthly Fee includes all snacks and materials. Some field trips may have additional fees The annual enrollment fee is waived for those enrolled by July 17 or attending Little Olives Summer Camp. For more information or to speak with the Preschool Director, please call 314.991.1249 or email opr@olivettemo.com

Warson Park Preschool

Saturday, July 15 10AM - 1PM

Olivette Community Center » RM 8

OlivetteParksandRec.com » ACTIVITY GUIDE | Winter « 314.991.1249 » page 7

## Olivette

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#### LDA | LEADERSHIP ACADEMY



"We build better experiences...because Every Experience Matters."®

#### **Monday - Thursday:**

5:00 pm Little Leaders (3-5yrs)

5:30 pm Jr. Leaders (6-11yrs)

6:30 pm Jr./Adult Martial Arts (12 yrs-Adult)

6:30 pm Aikido (12 yrs - Adult)

7:30 pm Advanced Aikido (12 yrs-Adult)

#### Monday & Wednesday

9:00 am - Fitness Kickboxing (Adults)

#### Saturday

9:00 am - Fitness Kickboxing (Adults) 10:00 am - All Ages Martial Arts 12:30pm - Aikido *(12 yrs-Adult)* 

The best night for viewing the

Perseid Meteor Shower!

## LDA: Leadership

Combines a world class sport

For more details or to register:

**Development Academy** 

foundation with martial arts instruction and leadership development, LDA builds selfassurance. LDA offers fitness. martial arts, self-defense, life coaching, and personal development services at the Olivette Community Center.

**EveryExperienceMatters.com** 

This family-friendly Tony Awardwinner is always a hit! These kids light up the stage! Lots of local talent!

#### **PERFORMANCES**

7:30 pm » Jul 28, 29 & Aug 4 & 5

2:00 pm » Jul 30 & Aug 6

#### **TICKETS**

Advance Sale » All Seats \$15 At the Door:

> General \$18 Seniors & Students \$16

For advance tickets, call 314.292.9368 or BrownPaperTickets.com

#### THEATRE:

Olivette Community Center

We also offer private lessons, birthday parties, and group/corporate training!

## Perseid Meteor Shower Viewing Party!

Special Guest: Erin Nolan Tyree Challenger Learning Center

**SATURDAY AUGUST 12** FREE! 8:30 - 10:30 pm

Community Center & Warson Park For more details, visit:

OlivetteParksandRec,com

## eWaste | DocuShred

Declutter Central! Free drop off of old prescriptions, papers you need shredded and unwanted or broken electronic items. Free for all items except TVs.

**SATURDAY AUGUST 19 9AM-NOON** CITY CENTER

For TV disposal fees, visit: OlivetteParksandRec.com

### » CLASSES - CAMPS - LEAGUES «

#### **YOGA BASICS**

Beginner & Advanced Beginner

Learn, Play & Feel Energized! Are you concerned that you will be asked to wrap yourself up like a soft pretzel? Join my class; your fears will be alleviated. Try out yoga poses in an environment where no judgement is allowed. Gain whole body strength, balance, endurance and flexibility. Develop core muscle strength effectively and safely. You don't need to be able to touch your toes to practice yoga; give it a try and discover what the excitement is all about! With questions, please contact Heidi Johnson at heidi@exercisewise.net

16+ yrs

INSTRUCTOR: Heidi Johnson

5 wks » Sat » 7/22-8/26\* 9:30-10:45am \*no class 7/29 Res/Non Res: \$55 » or \$15 drop-in

CLASS LOCATION: City Center REGISTER: In class or online:

TeamSideline.com/OlivetteMo

#### **YOGA: OPEN TO ALL LEVELS**

As it sounds: it's open to everyone! During this class, the most important classic yoga postures are practiced with emphasis on alignment and options for modifications. This class is appropriate for people just beginning yoga as well as those who have been practicing for some time. Wear clothing that does not restrict movement and bring a yoga mat to class.

18+ yrs

INSTRUCTOR: Dr. Jaime Sanchez

T » Begins Jul 25 » 7:15-8:15pm \$10 drop-in

CLASS LOCATION: City Center

**REGISTER: In Class** 

#### SENIOR EXERCISE

Light cardio & muscle toning workouts. Easy to follow standing and sitting exercises, with music. Focusing on muscle and aerobic endurance. balance, posture and stretching. Wear comfortable clothing and bring a water bottle and exercise mat. Three options each week; drop-in anytime, no obligation.

65+ yrs

INSTRUCTOR: Charlie P-Harre

Year-Round Drop-In

M » 9:30-10:30 am W » 10:00-11:00 am

F » 10:30-11:30 am

\$3 per class » drop-in

CLASS LOCATION: Community Ctr

#### YOGA TEACHER TRAINING The 200 hour training course uses

curriculum established by Yoga Alliance, a national registering organization for yoga teachers and yoga teacher training schools. Coursework includes assigned reading, homework, and observation requirements. This comprehensive program provides a depth of knowledge in yoga techniques, philosophy, anatomy and teaching methodology. Upon successful course completion, students will be eligible for registration with Yoga Alliance as a Registered Yoga Teacher (RYT) at the 200 hour level. More details: WestEastYoga.com

18+ vrs

INSTRUCTOR: Dr. Jaime Sanchez

W & Su » 6 mos » Begins Sept 13 \$2,300 » 200 hours of instruction

CLASS LOCATION: City Center

**REGISTRATION:** 

Contact Dr Sanchez to arrange interview: acudocjs@gmail.com

#### TAI CHI FOR HEALTH

Tai Chi is a mindful, internal martial art that flows in slow whole body movements. It promotes health, balance, flexibility, strength and clarity. Class begins with a gentle warm-up and meditative breathing before moving into the Form: slow, graceful movement patterns. Class concludes with walking meditation and application of the energy generated by the practice. Wear loose fitting clothing to class.

18+ yrs

INSTRUCTOR: Roisin Halfar

5 wks » M » 7/17-8/14 » 7-8pm Residents \$49 » All Others \$59

5 wks » T » 7/18-8/22 » 10-11am Residents \$49 » All Others \$59

CLASS LOCATION: City Center



#### **NIA CLASSIC**

A heart-opening, body-mind-spirit fitness class set to world music! Nia blends martial arts, dance and healing arts into a non-impact, cardiovascular workout. No previous dance experience is necessary! An aerobic workout that will leave you smiling and sweating! Easy to learn, easy to follow; it's a great way to have fun & be fit! Wear loose fitting clothing to class and bring a water bottle. A yoga mat is optional.

**INSTRUCTOR: Debbie Barstow** 

W » Ongoing » 6:00-7:00pm \$69 for 8 weeks or \$10 drop-in

CLASS LOCATION: City Center

**REGISTER: In Class** 

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#### HEARTSAVER® CPR|AED

This a video-based, instructor-led course that teaches students critical skills needed to respond to and manage an emergency until emergency medical services arrives. Skills covered in this course include first aid; choking relief in adults, children, and infants; and what to do for sudden cardiac arrest in adults, children, and infants. Course completion card is issued following satisfactory course completion.

16+ yrs

INSTRUCTOR: Olivette Fire Dept

4 hrs » Sa » 8/19 » 8:00 am-NOON Residents Free All Others\$24

CLASS LOCATION: City Center

REGISTER:

TeamSideline.com/OlivetteMo



life is why™

#### **FAMILY & FRIENDS CPR**

Learn lifesaving skills of adult Hands-Only CPR, child CPR with breaths, adult and child AED use, infant CPR and relief of choking in an adult, child or infant. This course is ideal for students, new parents, grandparents, babysitters and others interested in learning how to save a life. No course completion card is issued.

13+ yrs

INSTRUCTOR: Olivette Fire Dept

1.5 hrs » Sa » 8/19 » 1:30-3:30 pm Residents Free All Others\$14

CLASS LOCATION: City Center

REGISTER:

TeamSideline.com/OlivetteMo

#### INTERNATIONAL FOLK DANCE

Have fun! Get exercise! Lively ongoing class for inexperienced and experienced dancers ages 13-100. No partner needed. Most dances are from the Middle East & Europe and are taught with one-on-one help. Happy to have you teach us more! Wear comfortable clothes and shoes.

13+ vrs

INSTRUCTOR: Zeke Leventhal-Arnold

Year-Round Drop-In M » 7:00-8:30 pm \$3 per class » drop-in

CLASS LOCATION: Community Ctr

#### Miss Elli's LINE & SLIDE DANCE

Get moving and enjoy great exercise with a fun group! All levels including beginners welcome! Instruction included for each dance. Wear comfortable clothes and shoes.

18+ yrs

INSTRUCTOR: Miss Elli

T » 11:00 am - 12:00 pm \$44 for 8 classes

Th » 6:00-7:00 pm \$44 for 8 classes

CLASS LOCATION: Community Ctr

REGISTER: in class or online TeamSideline.com/OlivetteMo

#### MISSOURI RIVER CLOGGERS

Foot-stomping, hand-clapping and healthy exercise and dance! We clog to bluegrass, country, ethnic, pop and "golden oldies" following traditional line dance style plus circular formations and couple movement. In line dances, each person clogs individually to the music. No previous dancing experience is necessary; anyone can do it!

18+ yrs

Year-Round » W » 6:00-8:00pm \$15 per month

CLASS LOCATION: Community Ctr

REGISTER: In class

#### **MARCENE'S TAP DANCE**

Have fun with Tap! This class focuses on tap steps, technique, combinations and tap dance routines. Rhythm, tap, Broadway tap and some "a capella" without music featured in classes. We make music with our feet! Stretch and warm-up included in each class.

55+ yrs

**INSTRUCTOR:** Marcene Tochman

Year-Round Drop-In T » 4:00-5:00 pm \$5 per class » drop-in

T » 5:30-6:30 pm \$5 per class » drop-in

CLASS LOCATION: Community Ctr



#### STRENGTH, TONE & FITNESS

Increase your strength, build muscle tone and develop your overall fitness through low impact exercise in a supportive environment. STF is a strength workout addressing all major muscle groups including abdominal core and back. Exercises include free weights and bands. Wear comfortable clothing that and bring a water bottle and exercise mat. Join any class in session; mix and max days!

18+ yrs

#### **MORNINGS**

INSTRUCTOR: Sharon Skirvan

5 wks » T & F » 9:00-10:00 am \* \$24/1x week OR \$48/2x week \*no class 7/4, 7/7, 7/11, 7/14

#### **EVENINGS**

**INSTRUCTOR:** Kathy Hofmeister

5 wks » M & Th » 5:45-6:45 pm \$24/1x week OR \$48/2x week

CLASS LOCATION: Community Ctr REGISTER: In class

#### LITTLE OLIVES CAMP

Explore, Create, Play, Sing, & Read!

Join Little Olives for a week of imagination, learning and socialization. Children are encouraged to explore, create, play, sing and read together in an active and supportive environment. Camp activities will use fine and gross motor skills, and play-based learning. Camp meets indoors but will have outside time each day. T-shirt, daily snack and all materials included. Campers must be potty-trained. Staff to camper ratio 1:6.

ALL SESSIONS: ages 3.5-5 yrs

#### SESSION 2: The Great Outdoors

1 wk » M-F » 7/10-7/14 9:00am-Noon Residents \$69 » All Others \$79

#### **SESSION 3: The Wheels on the Bus**

1 wk » M-F » 7/17/-7/21 9:00am-Noon Residents \$69 » All Others \$79

#### **SESSION 4: Wave the Ocean**

1 wk » M-F » 7/24-7/28 9:00am-Noon Residents \$69 » All Others \$79

CAMP LOCATION: Community Ctr

REGISTER AT:

TeamSideline.com/OlivetteMo

### **MAD SCIENCE CAMPS**

#### **SECRET AGENT LAB**

The following camp description is

#### TOP SECRET

Ever dream of becoming a secret agent? We'll start with the basics: From decoding messages to metal detectors and night vision, campers have the opportunity to check out spy tech equipment and take home lots of gadgets like spy glasses! Step into the shoes of a detective as you uncover the science involved in evidence gathering and analysis! Figure out the science of forensics in a hands-on look at crime scenes! Become a super spy and learn clever ways of performing tasks as we take a hands-on investigation of the science that spies use!

5-12 yrs » M-F » 7/31-8/4

9:00 am-NOON » \$240 per child

CAMP LOCATION:

Olivette Community Center

**REGISTER AT:** 

TeamSideline.com/OlivetteMo



Prepare for Slime!

#### **GROSS OUT SCIENCE**

Miss Manners might not approve but your child definitely will! Gross out camp is a week of learning about our gross bodily functions. Burping, boogers, excrement, gas, saliva, germs and how our brain, cells, heart, organs and blood contribute to this. Make exploding "toothpaste", edible excrement and handmade ice cream. Take home your own slimy "boogers" and kid's lab coat.

5-12 yrs » M-F » 7/24-7/28

9:00 am-12:00 pm » \$240 per child

CAMP LOCATION:

Olivette Community Center

REGISTER AT:

TeamSideline.com/OlivetteMo



Soccer '17 is coming!

## Youth Soccer 2017

### Practices begin August 14!

Register now through July 16

Late Registration July 17-23

TeamSideLine.com/OlivetteMO

\$99 per player » \$129 after 7/17 Divisions: Pre-K - 6th Grade Fee includes: 8 games » Uniform » Practices » Referees Games Begin September 9 & 10