What’s New...

Celebrating 90 Years!

“The story of Olivette goes back, back, back into the history of a small piece of land, a history as varied as the people who have shaped it. Not the kind of history that shapes the world and changes it with wars; but a simple history of people. People living, growing settling and finding the life they want to live on one small piece of earth.”

In 2020, Olivette celebrates its 90 year anniversary. As we celebrate Olivette’s success over the years, we reflect on our history and how we came to be.

The area began in the mid-19th century as a small farming community along an old Native American trail originally called the Bonhomme Road (now Old Bonhomme). It was once called Central due to its centralized location along the Olive Street Road (now Olive Boulevard); the half way stop for transport wagons between the Mississippi and Missouri rivers.

In 1930, the communities of Central, Tower Hill, Olive, and Stratman combined and incorporated as the City of Olivette. Olivette is home to the first brick schoolhouse in St. Louis County at the corner of Price and Old Bonhomme. Logos High School is the current occupant. We can still see these bits and pieces of history in our community. Olivette continues to thrive, grow and change on this one small piece of earth. Watch for events throughout 2020 celebrating our history!

1Barbara Kodner, Olivette: The Chronicle of a Country Village

Performing Arts

Auditions Dates Coming Soon!

Events & Activities

- Spring Break Camp
- Oasis Classes
- Exercise & Fitness Classes
- Yoga Classes
- Dance Classes
- CPR Classes
- Pet First Aid & Disaster Response
- Blood Drive
- Weed Warrior Work Days
- Kid’s Night Out
- Baseball Registration
- Gymnastics & Ninja Warriors
- Paws in the Park 3K
- Party in the Park

Save-The-Date

- Jan 8 | Pickle Ball Program Begins
- Feb 10 | Summer Camp Registration
- Feb 20 | Baseball Registration Begins
- May 15 | Party in the Park: 90th Anniversary Celebration

Circus Kaput

Spring Break Camp

The incredibly popular Circus Kaput camp returns for 2020! Circus Camp is where your children create wonderful memories, make new friends, and experience a wide variety of circus skills. All skill levels welcome!

Professional Circus Arts Instructors will teach stilt walking, juggling, plate spinning, balancing feats, tumbling, rolling globe, rola bolla, comedy skills, magic, and clown skits. Campers perform for parents on the last day of camp showcasing the skills they’ve learned.

MARCH 16-20 | OLIVETTE COMMUNITY CENTER

- $139 per child
- 9am-3pm

- Early Care $415 8am-9am
- Late Care $415 3pm-4pm

Register online at OlivetteParksandRec.com
MATTER OF BALANCE

This dynamic workout will activate all your muscles, free your joints, and increase mobility. Essentrics draws on the flowing movements of Tai Chi for health and balance; the strengthening theories behind ballet to create long, lean, flexible muscles; and the healing principles of physiotherapy which create a pain free body.

50+ yrs

INSTRUCTOR: Oasis Instructors

Mon » 1/27-3/23 » 8:30-9:30am
NO FEE » 8 classes

CLASS LOCATION: City Center

REGISTER: OasisNet.org/StL or please call: 314.862.4859 x24

STRESS ELIMINATION

This discussion-based course, developed and tested at Stanford University, can help you cope with the common symptoms and frustrations of living with a chronic illness and improve your quality of life. This class can help you experience greater energy, reduced fatigue, increased activity, better emotional health, and enhanced communication with your medical team.

50+ yrs

INSTRUCTOR: Oasis Instructors

Th » 3/5 » 10:00am-Noon
No Fee Required » One Time Course

CLASS LOCATION: City Center

REGISTER: OasisNet.org/StL or please call: 314.862.4859 x24

AFROZUMBA!

Let’s have AfroZumba fun! A great workout with international flair, incorporating Zumba roots with Afro Dance rhythms! Dance moves are designed to enhance flexibility, core strengthening, toning and cardio fitness. This is a video-based, instructor led class. All levels welcome to this social dance party!

14+ yrs

INSTRUCTORS: Aster Beyene & Mackda Teshome

F » Ongoing » 6:00-7:00 pm
$5 per class » or buy discount pass

CLASS LOCATION: City Center

REGISTER: In Class

Oasis St. Louis and Olivette Parks & Recreation Partnership

Founded in 1982, Oasis is a non-profit educational organization active in 40 cities reaching 50,000+ individuals each year. Their mission is to promote healthy aging through lifelong learning, active lifestyles and volunteer engagement.

TAI CHI FOR ARTHRITIS & FALL PREVENTION

One of the most effective methods for fall prevention is regularly practicing Tai Chi. Studies have shown that after 50 hrs of Tai Chi, there is a proven reduction in fall risk. Classes are led by certified Tai Chi for Arthritis & Fall Prevention instructor.

50+ yrs

INSTRUCTOR: Jo Ann D Roberts

M & W » 01/06-2/12 » 2:45-3:45pm
$82.50 »10 classes

CLASS LOCATION: Community Center

REGISTER: OasisNet.org/StL or please call: 314.862.4859 x24

Kick-off the weekend with a terrific workout & a whole lot of fun!
YOGA TEACHER TRAINING

The West East Yoga training course uses curriculum established by Yoga Alliance. Coursework includes assigned reading, homework, and observation requirements. This comprehensive program provides a depth of knowledge in yoga techniques, philosophy, anatomy and teaching methodology. Upon successful course completion, students will be eligible for registration with Yoga Alliance as a Registered Yoga Teacher (RYT) at the 200 hour level. More details: WestEastYoga.com

18+ yrs

INSTRUCTOR: Dr. Jaime Sanchez

Spring 200 Hours
F » 5:00-9:00pm
Sa & Su » 8:00am-4:00pm
FEE: $2,300 » 10mos » 2/7-11/10

Spring/Summer 300 Hours
M » 5:00-9:00pm Su» 8:00am-4:00pm
FEE: $3,300 » 10 mos » 2/23-11/1

Summer 200 Hours
M, W & Th » 8:00am-3:00pm
FEE: $2,300 » 3 mos » 6/8-8/13

CLASS LOCATION: City Center

TO APPLY: contact Dr. Jaime Sanchez to arrange an interview: acudocjs@gmail.com

BLEND YOGA

BLEND is an all levels class. In this class you will release any stress or build up from your day’s activities, restore the energy spent during the day and quiet your mind. A BLEND of yoga styles will be utilized to help you advance your flexibility, strength, stability and focus. You will learn proper alignment and refine your poses. You will incorporate breathing in your practice to connect with your inner self to bring calm and focus to your life.

18+ yrs

INSTRUCTOR: Surkekha Bidap

M» Ongoing » 5:30-6:30pm
CLASS LOCATION: Community Ctr

REGISTER: OlivetteParksandRec.com

YOGA: RESTORED WITH SOUND

Please bring pillows, blankets, bolsters, and an eye mask. Each month we will meet to release, receive, and restore through slow yoga movement into long-held poses with a little Yoga Nidra. Release tension, reduce stress, and calm your systems. The last 30 minutes of class will feature the Sidereal Moon Gong and Tibetan singing bowls. No Yoga experience required. Come in, put your blankets down and get ready to restore.

18+ yrs

INSTRUCTOR: Amy Raymond

Fridays 1x a month » 7:30-9:00pm
Dec 13 Jan 10 May 8
Feb 7 June 5
Mar 6 July 3
April 3 Aug 7
$20 Drop In

CLASS LOCATION: City Center

REGISTER: In class or online at OlivetteParksandRec.com

YOGA & MEDITATION

Yoga class for all levels. Start your day fresh with a mindful practice, utilizing your breath to explore traditional yoga postures. Please bring an open mind and your yoga mat (if you don’t have one, just bring yourself and we will accommodate you), wear movable clothes, and make some time for self-care over the weekend!

18+ yrs

INSTRUCTOR: Vasant Malsheet

Mon » Begins 1/6 » 10:00am-11:00
CLASS LOCATION: City Center

REGISTER: In Class—no fee

Relax, Restore and find your Zen with any of our weekly yoga sessions!
YOGA: OPEN TO ALL LEVELS

Open to everyone! During this class, the most important classic yoga postures are practiced with emphasis on alignment and options for modifications. This class is appropriate for people just beginning yoga as well as those who have been practicing for some time. Wear clothing that does not restrict movement and bring a yoga mat to class.

18+ yrs
INSTRUCTOR: Dr. Jaime Sanchez
 Tu » Ongoing Starts 12/3
 » 7:15-8:15pm
$10 Drop-In
CLASS LOCATION: City Center
REGISTER: In Class or online at OlivetteParksandRec.com

SATURDAY MORNING YOGA

Yoga class for all levels. Start your day fresh with a mindful practice, utilizing your breath to explore traditional yoga postures. Please bring an open mind and your yoga mat (if you don’t have one, just bring yourself and we will accommodate you), wear movable clothes, and make some time for self-care over the weekend!

18+ yrs
INSTRUCTORS: Laura Meyer & Kortney Vlahiotis
 Sa » Ongoing » 9:30-10:30am
$10 Drop-In
CLASS LOCATION: City Center
REGISTER: In Class

SENIOR EXERCISE

This senior class consists of light cardio & muscle toning workouts. Easy to follow standing and sitting exercises, with music. We focus on muscle and aerobic endurance, balance, posture and stretching. Wear comfortable clothing and bring a water bottle and exercise mat. Three options each week; drop-in anytime, no obligation.

65+ yrs
INSTRUCTOR: Charlie P-Harre
Year-Round Drop-In
 M » 9:30-10:30 am
 W » 10:00-11:00 am
 F » 10:30-11:30 am
$4 per class, each day » drop-in
CLASS LOCATION: Community Ctr
REGISTER: Front Desk

STRENGTH, TONE & FITNESS

Increase your strength, build muscle tone & develop your overall fitness through low impact exercise in a supportive environment. STF addresses all major muscle groups including abdominal core and back using free weights and bands. Wear comfortable clothing and bring a water bottle and exercise mat. Join any class in session; mix and max days!

18+ yrs
MORNINGS
INSTRUCTOR: Sharon Skirvan
 T & F » 9:00-10:00am» Ongoing
$4 per class, each day » drop-in

EVENINGS
INSTRUCTOR: Kathy Hofmeister
 M & Th » 5:45-6:45pm » Ongoing
$4 per class, each day » drop-in
CLASS LOCATION: Community Ctr
REGISTER: Front Desk

Light weights give workouts a boost!
NIA CLASSIC
A heart-opening, body-mind-spirit fitness class set to world music! Nia blends martial arts, dance and healing arts into a non-impact, cardiovascular workout. No previous dance necessary; anyone can do it!

18+ yrs
W » Ongoing » 6:00-8:00pm
$15 per month » or $5 per class
CLASS LOCATION: Community Ctr
REGISTER: front desk

MISSOURI RIVER CLOGGERS
Foot-stomping, hand-clapping and healthy exercise with dance! We clog to bluegrass, country, ethnic, pop and “golden oldies” following traditional line dance style plus circular formations and couple movement. In line dances, each person clogs individually to the music. No previous dance necessary; anyone can do it!

18+ yrs
W » Ongoing » 6:00-8:00pm
$15 per month » or $5 per class
CLASS LOCATION: Community Ctr
REGISTER: front desk

CONTEMPORARY LINE DANCE
Come dance with me! Line dancing, also known as slide dancing, is full of fun, fitness and fellowship. Line dancing offers great exercise, and learning new dances stimulates the mind! Rochelle uses explicit instruction methodology to help everyone learn basic line dance steps, terminology and the latest dances in the STL area and beyond. Her motto? Dance like nobody’s watching!

18+ yrs
INSTRUCTOR: Rochelle Walker
M » Ongoing first class 9/23 » 6:00pm-7:30pm
$3 per class » drop-in
CLASS LOCATION: Community Ctr
REGISTER: front desk

INTERNATIONAL FOLK DANCE
Have fun! Get exercise! Lively ongoing class for inexperienced and experienced dancers ages 13-100. No partner needed. Most dances are from the Middle East & Europe and taught with one-on-one help. Happy to have you teach us more! Wear comfortable clothes & shoes.

13+ yrs
INSTRUCTOR: Zeke Leventhal-Arnold
M » Ongoing » 7:00-8:30 pm
$3 per class » drop-in
CLASS LOCATION: Community Ctr
REGISTER: front desk

MARCENE’S TAP DANCE
Have fun with Tap! This class focuses on tap steps, technique, combinations and tap dance routines. Rhythm, tap, Broadway tap and A capella (without music) are featured in classes. We make music with our feet! Stretch and warm-up included in each class.

55+ yrs
INSTRUCTOR: Marcene Tockman
T » Ongoing » 4:00-5:00pm
$5 per class
T » Ongoing » 5:30-6:30pm
$5 per class
CLASS LOCATION: Community Ctr
REGISTER: front desk

Miss Ellie’s LINE & SLIDE DANCE
Get moving and enjoy great exercise with a fun group! All levels including beginners welcome! Instruction included for each dance. Wear comfortable clothes and shoes.

18+ yrs
INSTRUCTOR: Miss Ellie
T » Ongoing » 11:00am-12:00pm
$3 per class » drop-in
Th » Ongoing » 6:00-7:00 pm
$3 per class » drop-in
CLASS LOCATION: Community Ctr
REGISTER: front desk
WILDERNESS SKILLS COURSE
Wilderness survival class focuses on 3-season skills that could save your life. During this class you will learn practical tips and strategies that every outdoor traveler should know, including: emergency priorities; how to make an emergency shelter; how to locate and access drinking water; and how to make your own emergency kit with all the essentials. You will also participate in interactive scenarios to practice and hone your skills. This class is designed for anyone who spends time outdoors.

13+ yrs
INSTRUCTOR: Olivette Fire Dept
T » 2/8 » 6:00-9:00 pm
Mon » 2/10 » 6:00-9:00 pm
Residents: Free All Others: $14
CLASS LOCATION: City Center
REGISTER: OlivetteParksandRec.com

HEARTSAVER® CPR|AED
This video-based, instructor-led course teaches critical skills needed to respond to and manage an emergency until emergency medical services arrive. Skills covered include first aid; choking relief in adults, children, & infants; and what to do for sudden cardiac arrest in adults, children, & infants. Course completion card issued following satisfactory course completion.

16+ yrs
INSTRUCTOR: Olivette Fire Dept
Th » 1/14 » 6:00-10:00pm
Mon » 3/9 » 6:00-10:00pm
Residents: Free All Others: $24
CLASS LOCATION: City Center
REGISTER: OlivetteParksandRec.com

FAMILY & FRIENDS CPR
Learn lifesaving skills of adult Hands-Only CPR, child CPR with breaths, adult and child AED use, infant CPR and relief of choking in an adult, child or infant. This course is ideal for students, new parents, grandparents, babysitters and others interested in learning how to save a life. No course completion card is issued.

13+ yrs
INSTRUCTOR: Olivette Fire Dept
T » 2/25 » 6:00-9:00 pm
Mon » 4/13 » 6:00-9:00 pm
Residents: Free All Others: $14
CLASS LOCATION: City Center
REGISTER: OlivetteParksandRec.com

BLAST! COURSE
BLAST! (Babysitter Lessons and Safety Training), is an important training program for potential babysitters and parents considering hiring a babysitter. The BLAST! program is designed to be interactive and provide extensive training in pediatric first aid, household safety, and the fundamentals of childcare. Designed for people ages 10 and older, their parents, and parents looking to hire a babysitter, the BLAST! program can prepare children to interview for a babysitting job, select safe and suitable games and activities, prevent accidents, perform first aid, and begin babysitting safely and competently.

10+ yrs
INSTRUCTOR: Olivette Fire Dept
Sat » 1/11 » 1:00-5:00pm
Th » 4/9 » 6:00-9:00pm
Residents Free All Others $14
CLASS LOCATION: City Center
REGISTER: OlivetteParksandRec.com

PET FIRST AID AND DISASTER RESPONSE
If your pet suddenly became sick or injured. . . . . . would you know what to do? Enroll in a Pet First Aid and Disaster Response course today! The Pet First Aid and Disaster Response course is ideal for all pet owners and pet caregivers. This unique course covers common health and safety-related issues, first aid basics, when to seek professional care, and disaster planning steps for the proper care of pets.

13+ yrs
INSTRUCTOR: Olivette Fire Dept
Mon » 1/27 » 6:00-10:00 pm
T » 3/3 » 6:00-10:00 pm
Residents Free All Others $14
CLASS LOCATION: City Center
REGISTER: OlivetteParksandRec.com
Weed Warriors remove invasive plants, plant native plants and pick-up trash.

- Bring gloves & wear sturdy shoes.
- Bring loppers or clippers if possible.
- Wear closed-toe shoes.
- Tools & Training Provided

Park and trail locations within Olivette vary - sign-up for email notices by calling 314.991.1249 or emailing opr@olivettemo.com

UPCOMING WORKDATES
SAT » 12/7 » 9-11AM » Warson Park
SAT » 1/11 » 9-11AM » Stacy Park
SAT » 2/8 » 9-11AM » Stacy Park
SAT » 3/14 » 9-11AM » The Pathway
SAT » 4/11 » 9-11AM » Warson Park
SAT » 5/9 » 9-11AM » Stacy Park
**KIDS’ NIGHT OUT!**

Parents, are you looking for a quiet, kid-free night at home or a romantic dinner out? Let us provide you a well-deserved break! **Kid’s Night Out** is all about your child having an action-packed, exciting night out, all inside the Olivette Community Center. They'll be able to make new friends, learn new games, and have a fun night with our Recreation Staff!

**Friday, February 14th**

5:30PM - 9:30PM | Olivette Community Center

♦ Ages 5-10  ♦ $16 per child
♦ Includes dinner, games, contests, crafts and a movie!
♦ Register at the Community Center or online: OlivetteParksandRec.com

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**Summer Camp 2020**

**Save the Date!**

Registration Opens
February 10, 2020

All nine weeks of summer camp offerings will be announced in late January!

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**2020 Youth Baseball & Softball League**

*Opening Day April 11th! Games begin April 18th!*

Register Jan 20th through Feb 20th
Late Registration Feb 21 – Mar 6
Olivetteparksandrec.com

$99 per player  »  $129 after 2/20
Divisions: Pre-K - 5th Grade

For league questions or to volunteer coach, please contact **Recreation Coordinator, Shamus O’Reilly**

T: 314.991.2407  E: soreilly@olivettemo.com

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And he’s safe at first!
Hosting a graduation, birthday party or a meeting? Book a room at the Community Center or park pavilion today!
T: 314.991.1249 | opr@olivettemo.com

All American Gymnastics & Super Ninja classes are held at: 10449 Midwest Industrial Dr, Olivette, MO 63132
Classes begin at age 22 months with Parent & Child classes. For a full listing of dates and times, visit OlivetteParksandRec.com Register Online for all sections at: OlivetteParksandRec.com

<table>
<thead>
<tr>
<th>Pavilion Rentals- Resident Rates</th>
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<tbody>
<tr>
<td>Stacy Park » Half Day » 3pm-Dusk » $60</td>
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<tr>
<td>Stacy Park » Full Day » 8am-Dusk » $90</td>
</tr>
<tr>
<td>Villa Park » Half Day » 9am-2pm » $30</td>
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<tr>
<td>Villa Park » Half Day » 3pm-Dusk » $30</td>
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<tr>
<td>Villa Park » Full Day » 8am-Dusk » $70</td>
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Olivette Community Center & Warson Park 9723 Grandview Drive
IN THE SPOTLIGHT

Jan Nelson, Resident and OPRD Facility Attendant

Jan Nelson was born and raised in Kirkwood and moved to Olivette 32 years ago. Jan is a faithful and enthusiastic member of the community. Currently, Jan is an evening Facility Attendant at the Olivette Community Center, known for her warm greetings and big smile. Jan also runs her own business, an event planning company called, Loving Hands Catering and Events; all while also working as a beauty consultant for Mary Kay. Jan works tirelessly to provide the best experience for her clients and she never fails to deliver. Not only does she put in 30 hours a week at the Community Center, volunteers for local churches, run her own business, and work for Mary Kay, Jan is also the founder of “Adopt a Grandparent.” Jan and her small group of volunteers work together supporting elderly residents at local senior living facilities and nursing homes. For $15 you can sponsor a “Grandparent” during the holidays. This will provide them a warm blanket, fresh baked goods and more. Jan is a star resident and human being. We are proud to have people like her on our staff and in our community.

“I love contributing to my community and serving its people. I love it and want to help Olivette reach its full potential!” - Jan Nelson

FACILITY & PARK MAP

1. City Center | Police | Fire
   1140 Dielman Road

2. Community Center/ Parks Dept.
   9723 Grandview Drive

3. Dog Park
   9100 Old Bonhomme Road

4. Indian Meadows Park
   9600 Huron Drive

5. Irv Zeid Citizen’s Park
   9100 Old Bonhomme Road

6. Planning/Public Works
   1200 N Price Road

7. Stacy Park
   9750 Old Bonhomme Road

8. Veterans Fountain
   Dielman Road/Olive Boulevard

9. Villa Park
   9301 W Villa Drive

10. Walking/Biking Paths

11. Warson Park
    9723 Grandview Drive
Postal Customer Local

Holi Festival of Colors

SAT MARCH 7 | STACY PARK
Let the colors shower joy!
SAVE THE DATE! MORE DETAILS TO COME!

Olivette Parks and Recreation

PAWS in the PARK
1K & 3K FUN RUN & WALK
Sunday, April 26
1-3PM
Stacy Park

Party in the Park!
Celebrating 90 Years of Olivette!
MAY 15 | STACY PARK
FREE ACTIVITIES BEGIN @ 6PM
Live Music! Entertainment! Food! Fun!